

Press Release

Local Team Participates in Public Health Leadership Program

SACRAMENTO, CALIFORNIA (March 11, 2013) – A Sacramento County team, “Design 4 Active Sacramento,” has been selected to participate in the National Leadership Academy for Public Health (NLAPH) Program. The Team is led by Dr. Olivia Kasirye, County Public Health Officer and Judy Robinson, Principal Planner with the Community Development Department. The Sacramento team was one of 20 teams selected to participate in this national program focused on improving health in our community through planning and design. This team is unique in that it represents multiple sectors including land use, transportation, municipal planning organization, non-profit and public health as encouraged by NLAPH.

"While Sacramento County has been actively working for years to design walkable and accessible communities, the work of the Design 4 Active Sacramento Team will look at community design with a lens on health benefits. The Team's goal is to make Sacramento an even greater place to live by creating an environment that enables all county residents to incorporate healthy activities into their daily lives," says Susan Peters, Chair of the Board of Supervisors. "The environment we build; such as road design, mixed uses, sidewalks, bike lanes, and parks with walking paths all support activity and get people moving by incorporating health, making the healthy choice the easy choice."

"This program will impart population health teams with the skills to lead across sectors and collaboratively solve complex population health problems in innovative ways," says Carmen Rita Nevarez MD, MPH, Vice President for External Relations and the Center for Health Leadership and Practice's (CHLP) Director. "These are the types of leaders who will ultimately be able to drive critical efforts, such as adoption of evidence-based policies and practices at the community level, which can have a tangible impact on health outcomes." The program is implemented by the CHLP, a program of the Public Health Institute (PHI) and funded by the Center for Disease Control (CDC). NLAPH is provided at no cost to the participants or the community.

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